

# PLANNING LIMONEST 2019

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
HATHA TRADI 09:30 - 11:00	HATHA TRADI 09:30 - 11:00		HATHA 10:00 - 11:15	COURS PRIVES	ASTHANGA 09:00 - 10:15	VINIYOGA 10:30 - 11:45
FLY MOVE 12:15 - 13:15	FLY MOVE 12:15 - 13:15	HATHA 12:15 - 13:15	VINYASA 12:15 - 13:15	POWER YOGA 12:15 - 13:30		
		COURS PRIVES		HOT YOGA 14:00 - 15:00		
VINYASA 18:00 - 19:15	VINYASA 18:30 - 19:45	HATHA DYN 18:00 - 19:15	FLY YOGA 18:00 - 19:15	YIN YOGA 17:00 - 18:15	HATHA DYN 18:15 - 19:30	
ASTHANGA 19:30 - 20:45	YOGA REPARATEUR 20:00 - 21:15		FLY YOGA 19:15 - 20:15			

RESERVATION OBLIGATOIRE . PLANNING NON CONTRACTUEL